

# Plattsburgh City School District

49 BROAD STREET  
PLATTSBURGH•NY•12901-3396  
518-957-6003 (Office)  
518-561-6605 (Fax)  
www.plattscsd.org

Jay C. Lebrun  
Superintendent of Schools  
518-957-6002  
jlebrun@plattscsd.org

## Yoga Class Schedule 2019-2020

### Plattsburgh City School District's Community Education Program

Plattsburgh City School District is continuing its Community Education Program.

Yoga classes are as follows:

<b>Session 1 Mondays</b>	September 9, 16, 23, 30 and October 7, 21. (6 Classes)
<b>Session 1 Wednesdays</b>	September 11, 18, 25, and October 2, 9, 16. (6 Classes)
<b>Session 2 Mondays</b>	October 28, November 4, 18, 25, December 2, 9. (6 Classes)
<b>Session 2 Wednesdays</b>	October 23, 30, November 6, 13, 20, and December 4. (6 Classes)
<b>Session 3 Mondays</b>	December 16, January 6, 13, 27, February 3, 10. (6 Classes)
<b>Session 3 Wednesdays</b>	December 11, 18, January 8, 15, 22, 29. (6 Classes)
<b>Session 4 Mondays</b>	February 24 and March 2, 9, 16, 23, 30. (6 Classes)
<b>Session 4 Wednesdays:</b>	February 5, 12, 26, and March 4, 11, 18. (6 Classes)
<b>Session 5 Mondays</b>	April 6, 20, 27 May 4, 11, 18. (6 Classes)
<b>Session 5 Wednesdays</b>	March 25, April 1, 8, 22, 29 and May 6. (6 Classes)
<b>Session 6 Mondays</b>	June 1, 8, 15, 22, 29. (5 classes)
<b>Session 6 Wednesdays</b>	May 13, 20, 27 and June 3, 10, 17. (6 Classes)

**Summer Yoga is only on Wednesdays—schedule forthcoming.**

**Please note if for some reason school is closed due to inclement weather—  
yoga classes will be cancelled unless otherwise notified!**

Where: **Duken Administrative Building** (aka Broad Street School)  
Time: **5:00-6:30pm**  
Fee: Fee is for **any 6 classes** per Session (Monday Session or Wednesday Session)  
or (3 Mondays and 3 Wednesdays)  
City Residents: **\$20** for 6 classes  
Gold Card Members Sr. Citizen (must be a city resident) **\$15** for 6 classes  
Non-Residents: **\$25** for 6 classes;  
Walk-in Rate **\$5/class.**  
Instructor: Anna.Sherman

Anyone interested log on to [www.plattscsd.org](http://www.plattscsd.org) and complete registration form and mail to 49 Broad Street, Plattsburgh, NY 12901. Contact Anna Sherman at 518 569-4332 for questions. Or email her at [asherman@plattscsd.org](mailto:asherman@plattscsd.org).

### – MISSION –

*Our mission is to educate each student of the Plattsburgh City School District by creating challenging, supportive, and interactive learning that advances intellectual, physical, social, and cultural development.*

# Plattsburgh City School District Community Education Program

## Activity Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

E-Mail \_\_\_\_\_

Date \_\_\_\_\_

I wish to register for the following activities:

\_\_\_\_\_ Zumba

**Zumba Fees:**

\$40 City Residents

\$30 Senior Citizen Gold card

\$45 Non residents

\$6 per night walk-in fee

\_\_\_\_\_ Adult Volleyball

**Volleyball Fees:**

\$20 – City Residents

\$25 – Non Residents

\$15 – Senior Gold Card Members

\$2 - per session

\_\_\_\_\_ Yoga

**Yoga fees per 6-class session**

\$20 - City residents

\$25 - Non-residents

\$15 - Senior gold card members

\$5 - Walk-in fee - \$5 per night

\_\_\_\_\_ Session #

Please make check payable to **Plattsburgh City School District** and mail to:

Kristine LeClair

Plattsburgh City School District

49 Broad Street

Plattsburgh, NY 12901

**To obtain a Gold Card you must be at least 55 years of age and be a resident of Plattsburgh City. Having this card entitles the bearer to free admission to Plattsburgh City School District home athletic events, concerts and other Gold Card events such as YOGA.**