

Plattsburgh City School District

Student: _____ Grade: _____ Date: _____ Time: _____

Your child has presented to the School Nurse with the following symptom(s) that are consistent with COVID-19:

Fever/chills ____ Cough ____ Shortness of breath or difficulty breathing ____ Fatigue/Tired ____ Muscle/Body Aches ____
Headache ____ New loss of taste or smell ____ Sore throat ____ Congestion or runny nose ____
Nausea/vomiting/Diarrhea ____

Returning to School after Illness

Schools must follow CDC, NYSDOH and Local Health Departments for "Return to School" guidance. Please note that State's guidance is changing rapidly, and this protocol will evolve as guidance changes. Please read A and B carefully.

A STUDENT HAS SYMPTOMS OF POSSIBLE COVID-19 ILLNESS, BUT IS DETERMINED NOT TO HAVE COVID-19 BY A HEALTH CARE PROVIDER (MD, DO, NP, PA) CAN RETURN TO SCHOOL WHEN

- The student has been seen (in-person or virtually) by a healthcare provider. The healthcare provider must provide documentation to school, stating that the student may return and providing an alternate diagnosis for the symptom/symptoms, OR
- The healthcare provider must provide documentation of a negative COVID test, along with a note saying that the student may return to school.
- The student must be fever-free without fever-reducing medication for at least 24 hours prior returning to school.

A NOTE FROM YOUR HEALTH CARE PROVIDER CLEARING YOUR CHILD TO RETURN TO SCHOOL IS REQUIRED AND MUST BE GIVEN TO THE SCHOOL NURSE BEFORE RIDING THE SCHOOL BUS OR ENTERING THE BUILDING. *

B STUDENT IS DIAGNOSED WITH COVID-19 BY A HEALTH CARE PROVIDER BASED ON A TEST OR THEIR SYMPTOMS, THEY SHOULD NOT BE AT SCHOOL AND SHOULD STAY HOME UNTIL:

- It has been at least TEN days since the student first had symptoms
- It has been at least THREE days since the student has had a fever (without using fever reducing medicine) AND
- It has been at least THREE days since the individual symptoms improved, including cough and shortness of breath.

A NOTE FROM YOUR HEALTH CARE PROVIDER CLEARING YOUR CHILD IS REQUIRED AND MUST BE GIVEN TO THE SCHOOL NURSE BEFORE RIDING THE SCHOOL BUS OR ENTERING THE BUILDING. *

** Health care provider notes can be dropped off to the School Nurse, emailed or faxed. Parent/Guardian must reach out to the School Nurse with updated information from the Health Care Provider as necessary.*

**Antibody testing is not acceptable for the purposes of this protocol.*

**Students absent from school due to having a symptom/symptoms of COVID-19 will be subject to the guidelines above.*

Contact the student's health care provider as soon as possible for guidance and if any symptoms become worse, CALL 911.